

Datum: \_\_\_\_\_

Name: \_\_\_\_\_

**PHQ-9 Somali**

<b>2 asbuuc ee ugu danbaysay, intee jeer ayaa lagu dhibay ayna kudhibaateeyeen dhibaatooyinka soosocda?</b>		<b>Maya gabi ahaanba</b>	<b>Maalmo kaladuwan</b>	<b>In badan nus kamid ah maalmaha</b>	<b>Kudhawaad maalin kasta</b>
		<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
a.	Xiiso yari ama farxad yari aan kuqabo samaynta waxyaabaha				
b.	Inaad dareento murugo, niyad jab, ama rajo la'aan				
c.	Dhibaato dhanka hurdada ah ama inaad gami' waydo, ama hurdo badan				
d.	Dareemida daal ama awood yari				
e.	Oomateed xumo ama cuntada oo aad badsato				
f.	Inaad xumaan kadareento naftaada - ama inaad tahay qof faashil ah ama inaad naftaada ama qoyskaaga asaagood kareebtay				
g.	Dhibaato kaahaysata inaad dareen ulahaato waxyaabaha aad samaynaysid, sida akhriska wargaysyada ama daawashada taleefinshinka				
h.	Inaad usocoto ama uhadasho si tartiib ah oo dadka kale ogaan karaan? Ama taas badalkeed - inaad ahaato mid dhiifoon ama aan nasanayn adoo aad ugu socsoconaaya in kabadan sida caadiga ah				
i.	Fikradaha aad qabto oo ah inaad kufiicnaan lahayd inaad iska dhimato ama aad kafakarayso inaad waxyeelo ugaysato naftaada mararka qaar				