



International Conference  
jailbreak – music inclusion in prison

# Music & the mother-child-dyad in imprisonment

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# Setting: Women's Prison Stadelheim, Munich

*Wir legen gerade bei Frauen mit Kindern sehr viel Wert auf die Wiedereingliederung in die Gesellschaft*

Andrea Senoner, Social Educator, Stadelheim

Comparable:

1960s/UK jails: Mother & Baby Units (MBUs)

21<sup>st</sup> century: France tries to harmonise

- corrections/imprisonment and
- pregnancy/motherhood

on the basis of

- humanitarian principles and
- developmental psychology.



Concept:

Wolfgang Mastnak

CoMT-practitioners:

- Anna Gebhardt
- Patricia Langenmantel
- Ines Ohnewald
- Katharina Poppe

# Targets of the Stadelheim pilot study

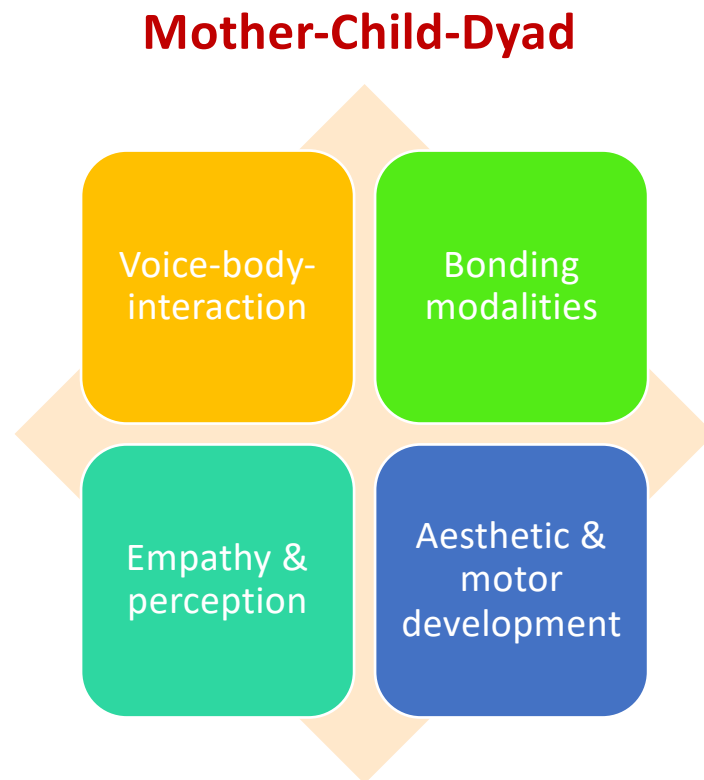
## Mother-Child-Dyad

- Acquisition and application of **voice-movement**-based interactivities
- Enhancement of **bonding**-modalities
- **Empathy** and adequate perception of the child
- Child's **aesthetic & motor development**

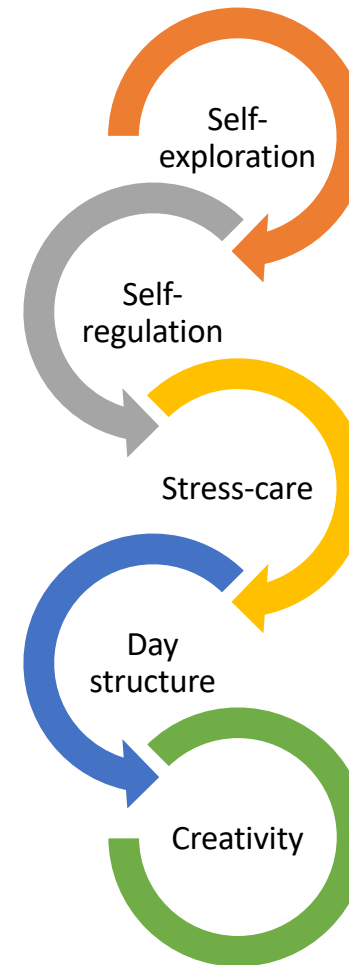
## Mother's self-awareness & skills

- **Self-Exploration** (e.g., subconscious, behavioural response patterns)
- **Self-control** (e.g., aggressive impulses, paranoid thoughts, irascibility)
- **Stress-management**
- Sense-making **day-structure** lö
- **Creativity**

# Targets of the Stadelheim pilot study

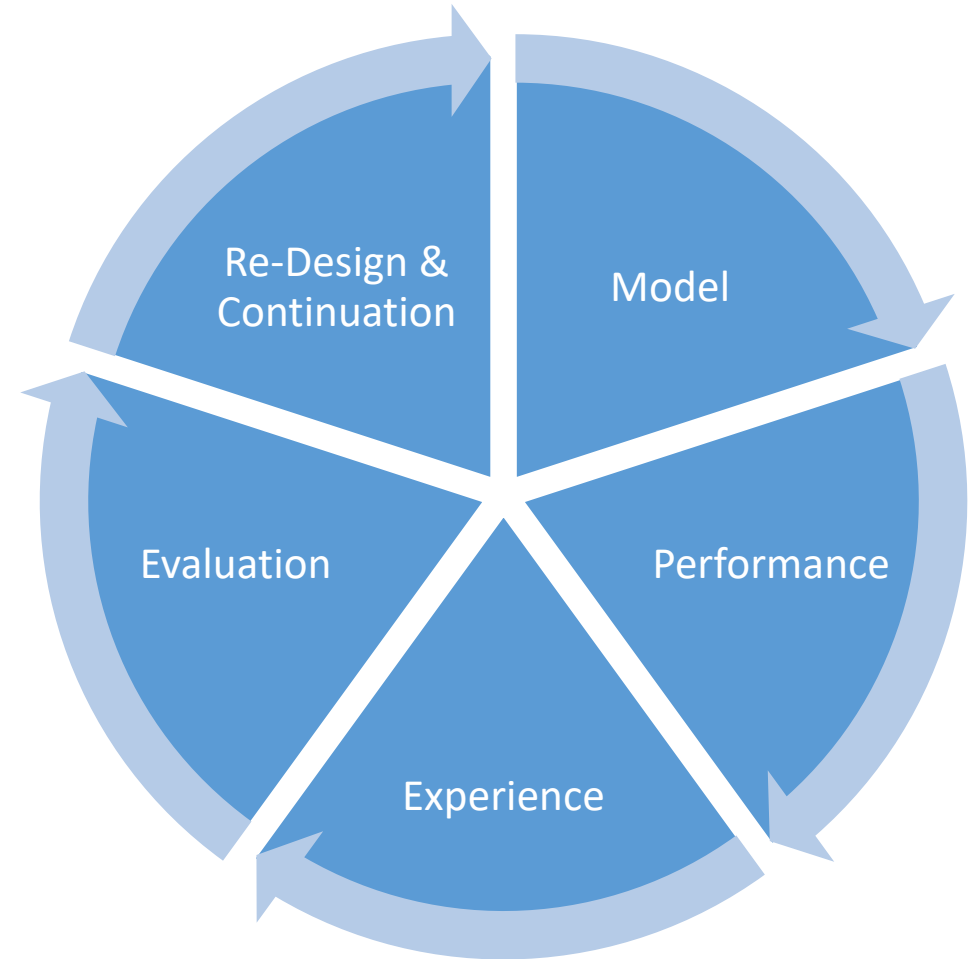


## Mother's self-awareness & skills



# Action Research

- Start conditions & guidelines
- Behavioural rules
- Settings & frames
- Material
- Observation & self-ratings



# Core- results

