

Insurance and safety declaration for students and interns within the Erasmus+ program

Personal data

Last name: _____ First name: _____

I. Insurance declaration

The following insurances have to be paid by students/interns themselves for the duration of the stay abroad and have to be proven on this form:

- Internationally valid health insurance (incl. return transport to the home country)
- Accident insurance (for private damages and damages at the place of study/work)
- Liability insurance (for private damages and damages at the place of study/work)

The DAAD offers a special combined health, accident and personal liability insurance.

(<https://www.daad.de/en/study-research-teach-abroad/scholarships-funding/daad-insurance/destination-abroad/>)

Insurances (Please only indicate the last four digits of your insurance number on the form):

Name of health insurance:	Insurance no.
Name of accident insurance:	Insurance no.
Name of liability insurance: (optional for study stays abroad)	Insurance no.

For Erasmus+ internships abroad: It is obligatory to clarify your accident and liability insurance* cover at the workplace with the employer. **If I am not insured by the employer against damage at the workplace, I hereby undertake to provide sufficient insurance cover myself.**

The Catholic University of Eichstätt-Ingolstadt, the National Agency (DAAD) and the EU as well as any other institution involved in the implementation of the Erasmus+ program are not liable for the consequences of non-insurance or underinsurance.

I declare that I have been informed about the necessity of an adequate insurance coverage and that I have sufficient insurance coverage during my stay abroad.

Date, place, signature of student/intern

* This insurance coverage is not covered by the employer e.g. in France! In other countries, the employer usually provides this insurance. Clarification is absolutely necessary in each individual case.

II. Safety instruction

Last name: _____

First name: _____

I am aware that the German Foreign Office regularly publishes travel advice, safety information and travel warnings.

- **Travel advice** contains *information* about, among other things, the entry requirements of a country, medical information, and special information regarding criminal or customs law.
- **Safety information** draw attention to *special risks* for travelers and Germans living abroad. It may include a *recommendation* to refrain from traveling or to restrict travel to a certain destination. In some cases, it advises against travel that is *not absolutely necessary* or against traveling to a destination *in general*.
- **Travel warnings** contain an *urgent appeal* by the Federal Foreign Office to refrain from traveling to a country or region of a country. They are only issued to warn that travel to a country or a specific region of a country is connected to an *acute danger to life and limb*. Travel warnings are rarely issued. Germans living in that country may be asked to leave the country.

Before starting my mobility program and during my stay abroad, I will regularly inform myself about the current security situation, either on the homepage of the German Foreign Office: <https://www.auswaertiges-amt.de/de/ReiseUndSicherheit/reise-und-sicherheitshinweise/uebersicht-navi>

Or via the “travel app” of the Federal Foreign Office: <https://www.auswaertiges-amt.de/de/ReiseUndSicherheit/app-sicher-reisen>

I am also aware that I can register on the “Elefant” crisis prevention list: <https://krisenvorsorgeliste.diplo.de/signin>

If I start my mobility program, I do so at my own request and at my own risk.

I undertake to inform the International Office without delay if I wish to terminate my mobility program due to a change in the security situation or a current travel warning issued by the German Foreign Office in my host country or if I interrupt or cancel my mobility program:

- If I do not start my mobility program, my participation in the Erasmus+ program will expire. Nominations for partner universities, the *Grant Agreement*, as well as the *Learning Agreement* lose their validity. Any financial support that has already been paid out must be paid back in full. This decision has no negative consequences for a future application under the Erasmus+ program.
- If I cancel my mobility program after I have already started my studies at the host university, the conditions set out in Article 3.6 of the *Grant Agreement* shall apply, regardless of the mobility period already carried out. The Catholic University of Eichstätt-Ingolstadt is only obliged to recognize courses from the *Learning Agreement* that have already been completed and successfully and in full at the point in time of the cancellation. This decision has no negative consequences for future applications within the framework of Erasmus+, provided that the funding received so far allows further funding until the maximum funding period is reached.
- An interruption of the mobility program is only possible after prior approval by the International Office of the Catholic University of Eichstätt-Ingolstadt in consultation with the National Agency for Erasmus+ at the German Academic Exchange Service (NA DAAD). In particular, it must be checked whether a resumption of studies at the host university after a certain period of time is possible and reasonable. In case of an interruption, the beginning and end of the interruption must be proven (e.g. by travel documents). No financial support will be granted for the duration of the interruption.

Date, place, signature of student/intern

Notes on general safety precautions

Please note that most of the links in this document refer to websites in German. For a translation of this content, you can use online translation tools to access the information in English.

Before departure

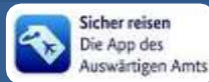
Inform yourself about your host country and appropriate behavior in the host country

Travel and safety advice from the Federal Foreign Office

[Country-specific travel and safety advice from the German Federal Foreign Office \(link\).](#)
[Subscribe to travel and safety information as a newsletter \(link\).](#)

German diplomatic mission(s) in the host country

[Information from the German Foreign Office on consular assistance \(link\).](#)
[Country-specific information from the diplomatic missions abroad \(link\).](#)



[Here you can download the "Safe Travel" app from the Federal Foreign Office \(link\).](#)

Apply for the appropriate visa

Contact the relevant consulate in good time.

Save emergency numbers in your phone and write them down on an emergency card

International health and accident insurance

Save and make a note of the 24/7 emergency number + insurance number.

German diplomatic mission(s) in the host country

Save and make a note of important telephone and emergency numbers.

Police, emergency doctor, fire service ... in the host country

Save and make a note of important emergency numbers.

EC/credit cards, SIM card, etc.

Blocking hotline: + 49 116 116 or + 49 30 40 50 40 50.**
[Information on the blocking hotline \(link\).](#)

Copy / scan important documents and keep them safe

Passport
Identity card

Notarized birth
certificate

Insurance /
vaccination certificate

Visa driving
license

EC card, bank card
and credit card etc.

Have your health in mind

Vaccination protection / prophylaxis

Check your vaccination record and seek advice from a travel doctor if necessary.

Put together a first-aid kit

[Suggestion of the Health Service of the Federal Foreign Office for a first-aid kit \(link\).](#)

Medical information of the German Federal Foreign Office

[Information and leaflets on medical precautions when traveling provided by the Health Service of the Federal Foreign Office \(link\).](#)

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In the host country

Ensure that you can be reached in case of an emergency



Provide contact details at the institution (e.g. hotel, conference venue, event program, e-mail, telephone number(s), contact person on site).



Registration in the crisis prevention list for German nationals "Elefant" kept by the Federal Foreign Office (inclusion in the e-mail distribution list of the "Landsleutebrief"): www.krisenvorsorgeliste.diplo.de/signin



Charge your phone regularly, take a power bank with you if needed.

Stay up to date



Read e-mails / text messages etc. regularly.
Follow the travel and safety advice of the Federal Foreign Office.



Networking (contact persons, colleagues, project partners, regional offices and local information centers of the German Academic Exchange Service).



Follow independent local news on the security situation on the radio / in the newspapers / on the internet / on television.

Reducing risks – "Safety first"



Follow the instructions of local security staff.
Please register for and read the "Landsleutebrief" (e-mail) provided by the German diplomatic mission abroad (see above).



Adapt your behavior ("Keep a low profile!").
Avoid protests / rallies / demonstrations.



Information on "Behavior in the event of special risk situations" from the Federal Office of Civil Protection and Disaster Assistance (link).
"Behavior in the event of attacks and assaults" provided by the ASW Federal Association (link).

Avoid complications



When using a cab, use an official licensed cab with a taximeter (if necessary, ask at the hotel for a description of the license). **Do not accept strangers who want to share a cab.**



When choosing a hotel, consider the surrounding area (public places, government/military facilities, tourist attractions, news stations, neighborhood...).



Know your surroundings (police, hospital, German mission abroad ...).
Know escape routes / emergency exits in the hotel, prefer 3rd-6th floor...